



# pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Pilates Chair/Barre</b> 8:00am – 45min Yoga/Pilates Studio Jess	<b>Pilates Chair/Barre</b> 9:00am – 45min Yoga/Pilates Studio Josie	<b>Pilates Chair/Barre</b> 8:00am – 45min Yoga/Pilates Studio Jess	<b>Pilates Chair/Barre</b> 9:00am – 45min Yoga/Pilates Studio Josie	<b>Pilates Reformer</b> 8:00am – 45min Pilates Reformer Studio Josie	<b>Pilates Reformer</b> 8:15am – 45min Pilates Reformer Studio Instructor Varies
<b>Pilates Reformer</b> 9:00am – 45min Pilates Reformer Studio Mallory	<b>Pilates Reformer/Chair</b> 10:00am – 45min Pilates Reformer Studio Mallory	<b>Pilates Reformer</b> 9:00am – 45min Pilates Reformer Studio Mallory	<b>Pilates Reformer/Chair</b> 10:00am – 45min Pilates Reformer Studio Mallory	<b>Pilates Reformer/Chair</b> 9:00am – 45min Pilates Reformer Studio Mallory	
<b>Pilates Reformer</b> 12:00pm – 45min Pilates Reformer Studio Josie	<b>Pilates Reformer</b> 5:45pm – 45min Pilates Reformer Studio Sara M	<b>Pilates Reformer</b> 12:00pm – 45min Pilates Reformer Studio Del	<b>Pilates Reformer</b> 5:45pm – 45min Pilates Reformer Studio Josie	<b>Pilates Reformer</b> 10:00am – 45min Pilates Reformer Studio Jess	
<b>Pilates Reformer</b> 5:45pm – 45min Pilates Reformer Studio Jess		<b>Pilates Reformer</b> 5:45pm – 45min Pilates Reformer Studio Josie			

## Class Location

- Reformer Studio
- Yoga/Pilates Studio



To try a **FREE** class or for more information, email Del at

[Estukel@beaconhealthsystem.org](mailto:Estukel@beaconhealthsystem.org)

Elkhart | Granger | South Bend  
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