



# pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Pilates Reformer</b> 9:00am – 45min Reformer Studio Mallory	<b>Pilates Reformer</b> 9:00am – 45min Reformer Studio Josie	<b>Pilates Reformer</b> 9:00am – 45min Reformer Studio Mallory	<b>Pilates Reformer</b> 9:00am – 45min Reformer Studio Josie	<b>Pilates Reformer/Chair</b> 9:00am – 45min Reformer Studio Mallory	<b>Pilates Reformer</b> 8:00am – 45min Reformer Studio Josie
<b>Pilates Reformer</b> 12:00pm – 45min Reformer Studio Josie	<b>Pilates Reformer</b> 12:00pm – 45min Reformer Studio Tammy	<b>Pilates Reformer</b> 12:00pm – 45min Reformer Studio Del	<b>Pilates Reformer Fusion</b> 10:00am – 45min Reformer Studio Mallory	<b>Pilates Reformer</b> 10:00am – 45min Reformer Studio Jess	<b>Pilates Reformer</b> 9:00am – 45min Reformer Studio Caylee/Josie
<b>Pilates Reformer</b> 5:45pm – 45min Reformer Studio Josie	<b>Pilates Reformer</b> 5:45pm – 45min Reformer Studio Tammy	<b>Pilates Reformer</b> 5:45pm – 45min Reformer Studio Josie	<b>Pilates Reformer</b> 5:45pm – 45min Reformer Studio Peggy		

## Class Location

Reformer Studio



To try a **FREE** class or for more information, email Del at

[ESTukel@beaconhealthsystem.org](mailto:ESTukel@beaconhealthsystem.org)

Elkhart | Granger | South Bend

[BeaconHealthAndFitness.org](http://BeaconHealthAndFitness.org)

[ESTukel@beaconhealthsystem.org](mailto:ESTukel@beaconhealthsystem.org)