



MENU OF REWARDS

The following are examples of rewards your child can choose from when he or she shows improvement at home or school. (These are suggestions. Work with your child to develop more age/personality appropriate rewards.):

HOME REWARDS

DAILY:

- Special snacks
- Allowing the child to stay up for _____ after bedtime
- Allowing the child to pick the radio station/music played in the car
- Computer time for _____
- Allowing the child to pick a TV show for the family to watch together
- Allowing the child to use the phone for _____
- Video game playing time _____
- Playing outside _____
- Watching television _____

WEEKLY:

- Going to a friend's house or having a friend over
- Allowing the child to have a day off from doing household chores
- Allotting allowance
- Trips to the mall, movie theater, park, etc.
- Allowing sleepovers at your home or letting your child attend one at a friend's home
- Allowing the child to choose a movie to watch with family or friends

SCHOOL REWARDS

- Choose a book to read from the library
- Listen to music with headphones
- Allow extra time at recess
- Use special art supplies to draw/color with
- Choose a book for the teacher to read to the class
- Allow for time in which student can talk to classmates
- Help decorate classroom/bulletin board
- Run an errand for the teacher
- Nominate child for "Student of the Week/Month/Day"
- Have a special snack
- Receive stickers/stamps
- Receive praise in front of class/have a meeting with the teacher
- Draw from "grab bag" or "treasure chest"