

Community Hospital of Bremen

2012 Community Health Needs Assessment

Implementation Plan

Community Hospital of Bremen (CHB) contracted with the Indiana Rural Health Association to conduct a Community Health Needs Assessment. Along with the compilation of quantifiable statistics and reports for health-related community data, a 33- question survey was developed to gain the perspective of the community. The survey was widely disseminated to the residents in CHB's service area through inclusion on the hospital's website, face-to-face polling at three popular grocery stores in and near Bremen, a publically available survey posted on Zoomerang.com, and distributed in hard copy to the local Amish population.

In response to the top five identified needs, CHB has developed strategies to address these areas either by direct implementation of services/education or referral of the identified need to those community services that are better fit to develop possible solutions.

Findings

Based on the information gathered through the assessment, the following areas were identified as the greatest need/importance in the service area of CHB:

- 1) Drugs: Illegal drug use/alcohol abuse/prescription drug abuse
- 2) Healthcare: Urgent care for basic medical services, mental health services
- 3) Living conditions: public transportation and elderly housing
- 4) Chronic Disease: Obesity/fitness and diabetes
- 5) Assistance/Activity: Senior assistance and all ages activity

Recommendations/Implementation Plan

- 1) Drugs: Development of educational tools regarding effects of drugs on health, possible share with school or enlist staff to speak at schools regarding drug abuse/prevention.
- 2) Healthcare: Hospital to investigate feasibility of operating urgent care center, coordinating with family practice physicians to assure support and referral from ER when appropriate. Work with Bowen Center (CEO serves on Bowen Center Governing Board) to provide outreach programs through the Plymouth Street Clinic.
- 3) Living Conditions: Work with Marshall County Older Adult Services to increase van availability – currently only available one day/week unless other arrangements are made. CEO serves on the Marshall County Transportation Advisory Committee and this is the oversight committee that provides the courtesy van.
- 4) Chronic Disease: Development and focus of education (possible lunch and learn programs) on the benefits of screening and early detection, efforts on behavioral changes proven to help:

- a. Healthy eating and weight reduction
 - b. Exercise programs
 - c. Development of support groups
 - d. Health Fair for community with free screenings and education
- 5) Assistance/Activity: Development of wellness programs, monthly fitness newsletter to include senior activities, easy recipes, dietician notes. Evaluate opportunity to create walking/biking paths in the community.

Communication

The CHNA Implementation Plan will be posted on the hospital web-site and included in the December addition of Community Connection. The Implementation Plan will also be coordinated with the hospital's 990 filing, which requires inclusion of the plan with the report. The hospital will bring together the key community members and the staff that were part of the CHNA development, share the results and plan, and revise plan as needed.