



| Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|--|---|---|---|
| <b>Water in Motion</b><br>9:30 - 10:15am<br>0 Lanes Available          | <b>Pyramid H2O</b><br>9:30 - 10:15am<br>0 Lanes Available    | <b>Water in Motion</b><br>9:30 - 10:15am<br>0 Lanes Available          | <b>Warm Water Therapy</b><br>9 - 9:45am<br><i>Limited Space Available</i> | <b>Water in Motion</b><br>9:30 - 10:15am<br>0 Lanes Available | <b>Swim Lessons</b><br>9 - 11am<br><i>Limited Space Available</i> |
| <b>Joint Venture</b><br>10 - 10:45am<br><i>Limited Space Available</i> | <b>Swim Lessons</b><br>10:30 - 12:30pm<br>0 Lanes Available  | <b>Joint Venture</b><br>10 - 10:45am<br><i>Limited Space Available</i> | <b>Pyramid H2O</b><br>9:30 - 10:15am<br>0 Lanes Available                 |   | <b>Water in Motion</b><br>8 - 8:45am<br>0 Lanes Available         |
| <b>Swim Lessons</b><br>10:30 - 11:45am<br>3 Lanes Available            | <b>Swim Lessons</b><br>10:30 - 11:45am<br>3 Lanes Available  | <b>NeuroH2O</b><br>11am - 12:00pm<br><i>Limited Space Available</i>    | <b>Water in Motion</b><br>5:30 - 6:15pm<br>0 Lanes Available              |   | <b>Swim Lessons</b><br>9 - 9:40am<br>3 Lanes Available            |
| <b>NeuroH2O</b><br>11am - 12:00pm<br><i>Limited Space Available</i>    | <b>Water in Motion</b><br>5:30 - 6:15pm<br>0 Lanes Available | <b>Joint Venture</b><br>12:15 - 1:00pm<br>0 Lanes Available            | <b>Swim Lessons</b><br>6:20 - 7pm<br>2 Lanes Available                    |   |   |
| <b>Joint Venture</b><br>12:15 - 1:00pm<br>0 Lanes Available            | <b>Swim Lessons</b><br>6:30 - 7:10am<br>3 Lanes Available    | <b>Swim Lessons</b><br>5 - 7:15pm<br>2 Lanes Available                 |   |   |   |
| <b>Swim Lessons</b><br>5 - 7:30pm<br>2 Lanes Available                 |  | <b>Swim Lessons</b><br>5 - 7pm<br>2 Lanes Available                    |   |   |   |
| <b>Swim Lessons</b><br>5:15 - 7:15pm<br>0 Lanes Available              |  |  |   |   |   |

**Location of Class**

- Therapy Pool
- Lap Pool

**THERAPY POOL AVAILABLE BY RESERVATION ONLY**

Therapy pool reservations can be made in 1 hour blocks and are required for use of the therapy pool. To make a reservation:

- On the Beacon Health & Fitness App (under classes)
- Through the online portal on our website (under group fitness)
- At the Information Desk



**Elkhart | Granger | South Bend**

BeaconHealthAndFitness.org  
KMilak@beaconhealthsystem.org



# JANUARY/FEBRUARY 2021

| MONDAY                             | TUESDAY                            | WEDNESDAY                          | THURSDAY                           | FRIDAY                             | SATURDAY                                     | SUNDAY                           |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|--|----------------------------------|
| 5 – 7:30am<br>6 Lanes<br>Available | 5 – 7:30am<br>6 Lanes<br>Available | 5 – 7:30am<br>6 Lanes<br>Available | 5 – 7:30am<br>6 Lanes<br>Available | 5 – 7:30am<br>6 Lanes<br>Available | 7 – 11am<br>5 Lanes<br>Available             | 7 – 5pm<br>10 Lanes<br>Available |
| 7:30 – 3pm<br>8 Lanes<br>Available | 7:30 – 3pm<br>8 Lanes<br>Available | 7:30 – 3pm<br>8 Lanes<br>Available | 7:30 – 3pm<br>8 Lanes<br>Available | 7:30 – 3pm<br>8 Lanes<br>Available | 11 – 5pm<br>10 Lanes<br>Available            |                                  |
| 3 – 7pm<br>3 Lanes<br>Available    | 3 – 7pm<br>3 Lanes<br>Available    | 3 – 7pm<br>3 Lanes<br>Available    | 3 – 7pm<br>3 Lanes<br>Available    | 3 – 5pm<br>3 Lanes<br>Available    | <i>*Lane restrictions subject to change.</i> |                                  |
| 7 – 9pm<br>6 Lanes<br>Available    | 7 – 9pm<br>6 Lanes<br>Available    | 7 – 9pm<br>6 Lanes<br>Available    | 7 – 9pm<br>6 Lanes<br>Available    | 5 – 7pm<br>4 Lanes<br>Available    |  |                                  |
|                                    |                                    |                                    |                                    | 7 – 9pm<br>6 Lanes<br>Available    |  |                                  |

**SWIM MEETS, EVENTS & HOLIDAYS THAT WILL AFFECT “NORMAL SCHEDULE”**

|                     |  |                            |
|---------------------|--|----------------------------|
| Tuesday, 1/5        | Elkhart HS vs Marian @ 5pm                     | Limited Lanes              |
| Friday, 1/8         | Bethel U vs Manchester U @ 5pm                 | Limited Lanes              |
| Sat - Sun 1/9-10    | Irish Aquatics – Tim Welsh Invite All Wknd     | Limited Lanes              |
| Friday 1/15         | Bethel U vs Olivet (MI) @ 5pm                  | Limited Lanes              |
| Saturday 1/16       | NIC Conference Meet (Girls) All Day            | POOL CLOSED @ Noon         |
| Thursday 1/21       | Elkhart HS vs New Prairie @ 5pm                | Limited Lanes              |
| Saturday 1/23       | Elkhart Club Meet 8am to Noon                  | Limited Lanes              |
| Saturday 1/23       | Bethel U Meet Noon-5pm                         | Limited Lanes              |
| Sunday 1/24         | Elkhart Club Meet All Day                      | Limited Lanes              |
| Saturday 1/30       | NIC Conference Meet (Boys) All Day             | POOL CLOSED @ Noon         |
| Thursday 2/4        | IHSAA Sectional Prelims (Swim) @ 3pm           | POOL CLOSED @ 3pm          |
| Saturday 2/6        | IHSAA Sectional Diving & Swim Finals ALL DAY   | POOL CLOSED @ Noon         |
| Thurs - Sat 2/10-13 | Great Lakes Valley Conference (NCAA) Full Days | Specific Lane Schedule TBA |
| Thursday 2/18       | IHSAA Sectional Prelims (Swim) @ 3pm           | POOL CLOSED @ 3pm          |
| Saturday 2/20       | IHSAA Sectional Diving & Swim Finals ALL DAY   | POOL CLOSED @ Noon         |
| Fri - Sun 2/26-28   | Michigan Open Championships ALL DAY            | Specific Lane Schedule TBA |

**Want to stay up-to-date on lane availabilities? Go to our website at**

[www.ElkhartHealthAndAquatics.org](http://www.ElkhartHealthAndAquatics.org)