Greetings from the Memorial Family Medicine Residency! Thank you for taking the time to learn a little more about our program. It is with great pride that I present the 2013–2014 Residency Annual Report. As you read through this summary of our academic year, I hope that you appreciate as much as I do the people who are the Memorial Family Medicine Residency.

The residents continue to excel academically and provide excellent medical care and service to the local community and around the world. We are very happy to have had a successful match and welcomed nine new residents. They will join their colleagues in our clinic and the hospital to serve a large population and provide services that would otherwise be difficult for our patients to access.

Our graduates, new and old, serve their patients in outstanding ways everyday. We are proud to highlight some of the activities of our graduates and realize that many others have also achieved tremendous accomplishments. Whether it be serving in a faraway land, preparing others for travel or helping those close to home, I am proud of the work Memorial graduates do everyday and happy to hear about their personal and professional accomplishments.

The faculty members continue their commitment to excellence in Family Medicine education. While the awards, publications and recognition the faculty has achieved are numerous and well deserved, the most outstanding aspect of the Memorial faculty is their dedication to the residency. We also added several members to the faculty this year, including our new Academic Hospitalists, who will enhance the teaching of inpatient medicine and expand the number of patients cared for by the residency in the hospital.

With the support of Memorial Hospital and Beacon Health System, the residency continues to prepare physicians to be outstanding family doctors and community leaders. Thank you for your continued support of our program.

Dale A. Patterson, M.D.
Director
Meet the Faculty

Dale Patterson, M.D.
Director

Thomas Sutula, M.D.
Senior Associate Director

Anton Crepinsek, Jr., M.D.
Clinic Director

Linda Mansfield, M.D.
Director, Sports Medicine

Joyce Dunfee, Ph.D.
Behavioral Science Director

Robert Riley, M.D.
Associate Director

Randall Sutter, M.D.
Associate Director OB Fellowship

Janel Charlton, M.D.
Associate Director

Marion Mahone, M.D.
Academic Hospitalist

Emily-Rae Singh, M.D.
Associate Director

Matthew Reed, M.D.
Academic Hospitalist

Tina Jennings, M.D.
Associate Director

Class of 2015

Julia Bisschops, M.D.

Matthew DuPre, M.D.

Stephen Harmon, M.D.

Michael Kozak, M.D.

Thomas Larsen, M.D.

James Norman, M.D.

Ryan Ruple, M.D.

Jenna Ruple, M.D.

Dane Schlinsky, M.D.

Robert Westbrook, M.D.

Class of 2016

Edna Becht, D.O.

Jordan Despain, M.D.

Rachel Dunham, M.D.

Laura Fink, M.D.

Catherine Bast, M.D.

Aaron Lewis, M.D.

Joseph Marino, M.D.

Richard Ward, M.D.
<table>
<thead>
<tr>
<th>Name</th>
<th>Hometown</th>
<th>Undergrad</th>
<th>Medical School</th>
<th>Medical Interests</th>
<th>Hobbies/Personal interests</th>
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<tbody>
<tr>
<td>Monica Grygo, M.D.</td>
<td>Olney, Ill.</td>
<td>University of Illinois</td>
<td>Southern Illinois University School of Medicine</td>
<td>Obstetrics, rural medicine</td>
<td>Gardening and reading</td>
</tr>
<tr>
<td>Isaac Hatton, M.D.</td>
<td>Crooksville, Ohio</td>
<td>Youngstown State University</td>
<td>Northeast Ohio Medical University</td>
<td>Community medicine, obstetrics, palliative care</td>
<td>Musicals, hiking, reading and yoga</td>
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<tr>
<td>Ben Howard, D.O.</td>
<td>Belfast, Northern Ireland</td>
<td>College of the Ozarks</td>
<td>Ben-Gurion University of the Negev Faculty of Health Sciences</td>
<td>International, underserved, obstetrics</td>
<td>Drawing, painting, camping and reading</td>
</tr>
<tr>
<td>Drew Schmucker, M.D.</td>
<td>Waukee, Iowa</td>
<td>Iowa State University</td>
<td>Des Moines University College of Osteopathic Medicine</td>
<td>Rural medicine, obstetrics, medical education</td>
<td>Fishing, reading and running with my shorthaired pointer</td>
</tr>
<tr>
<td>Conor Mullin, M.D.</td>
<td>Elkhart, Ind.</td>
<td>Mount Holyoke College</td>
<td>University of Michigan Medical School</td>
<td>Sports medicine, international, underserved</td>
<td>Painting, soccer, cycling and growing veggies</td>
</tr>
<tr>
<td>Jim Strycker, M.D.</td>
<td>Bristol, Ind.</td>
<td>Taylor University</td>
<td>Indiana University School of Medicine</td>
<td>International and rural medicine</td>
<td>Traveling, reading classic fiction, hiking/canoeing, exploring the Great Lakes and spending time with family</td>
</tr>
<tr>
<td>John Whitney, M.D.</td>
<td>Duncanville, Texas</td>
<td>Taylor University</td>
<td>Texas Tech University Health Sciences Center School of Medicine</td>
<td>Full scope family medicine, medical ethics and humanities, underserved, hospitalist, procedures, international</td>
<td>Hiking, traveling and reading</td>
</tr>
</tbody>
</table>
Amy L. Corrigan, D.O.

Amy earned her undergraduate degree from Albion College and medical degree from Michigan State University College of Osteopathic Medicine. During residency, she presented at American Medical Society for Sports Medicine and American College of Sports Medicine. Amy enjoys triathlons, photography and anything outdoors. After graduation, Amy will continue her education as a Sports Medicine Fellow at St. Vincent’s in Indianapolis.

Brian T. Doyle, M.D.

Brian graduated from Indiana Wesleyan University and Wayne State University School of Medicine. During residency, Brian presented at Western Michigan Medical Humanities Conference, and spent two months in Thailand. Brian enjoys reading and travel. After graduation, he and his wife, Jill, will move to North Dakota where Brian will be a physician with the United States Air Force Medical Corps.

Matthew R. Reed, M.D.

Matt earned his undergraduate degree from Southern Illinois University and medical degree from Southern Illinois University School of Medicine. Matt is a lifelong Illini fan, and enjoys spending time with family and friends, brewing beer, travel and golf. After graduation, Matt will remain at Memorial Hospital of South Bend as an Academic Hospitalist.

Kari D. Sears, M.D.

Kari graduated from Ursinus College and Wake Forest University School of Medicine. During residency, Kari served as Chief Resident of the program, went on international rotations to India and Peru, wrote a sports medicine book chapter and was involved in the American Academy of Family Physicians. Kari’s hobbies include home improvements, cycling, running and travel. After graduation, Kari will remain in South Bend to continue her education as a Memorial Sports Medicine Fellow.

Tina Jennings, M.D.

Tina earned her undergraduate degree from Gonzaga University and medical degree from University of Michigan Medical School. During residency, Tina served as Vice Chief of the program, started an International Interest group, served as social chair her second year and was roast master her first year. She enjoys running, spending time with her six siblings, 17 nieces and nephews (with more on the way), relaxing weekends with her husband, and playing with her dogs, Finny and Macha. After graduation, Tina and her husband, Brandon Jennings, will remain in South Bend as she becomes a Memorial Family Medicine Residency faculty member.

Stephanie H. Waldrop, M.D.

Stephanie graduated from Clemson University and Medical University of South Carolina. She is married to Mike and has two sons, Carrick and Kiernan, who they welcomed into their lives while Stephanie was a resident. She enjoys baking, audiobooks and spending time with family. After graduation, Stephanie will remain in South Bend as a Memorial Hospitalist.
Leader Profile

Two brothers, sons of a Methodist minister from northern Indiana with a love for people, follow similar paths and end up working together.

Cam Gongwer, M.D., remembers making hospital visits with his father while growing up. With those experiences he began to understand both the physical and spiritual needs of people suffering from illness. He also met family physicians along the way. In fact, their family doctor was a leader in their church and had actually introduced his parents to each other. These experiences were formative for Cam, who while in high school felt committed to pursue a career in medicine. To prepare for medicine, he matriculated at Wabash College in Crawfordsville, Ind. At Wabash, his academic advisor and professors helped him continue to sort out his future plans to include foreign missions.

Cam began medical school in 1985 at Indiana University School of Medicine with the goal of one day doing medical missions. An international trip to Sierra Leone during his last year of medical school exposed him to West Africa. He graduated from medical school in 1989 and matched at Memorial Family Medicine Residency. What made him choose Memorial? He says it was all about the people and the program. The Director at that time, Robert Fenstermacher, had spent time in Africa and in Alaska on the mission field and was instrumental in his decision.

After graduation from residency in 1992, Cam took six months off to travel around the world before joining a practice in South Bend. He then attended the London School of Hygiene and Tropical Medicine. In 1998, Cam, his wife Anne, and their 8-month old daughter Caylor left for Ghana, West Africa for the next 14 years. This became their new home. They spent a year in a nearby city studying language and culture before moving to the village of Ankaase. Their work in the community resulted in an outpatient clinic eventually developing into a district hospital, and the building of a community library. In 2009 Cam and his family moved to Accra, the capital. While there, Caylor, who had been homeschooled up to this point, entered middle school, and Cam entered the University of Ghana, where he earned his Masters in Public Health. His research on nutrition was recently published. He returned to the U.S. with his family in 2012.

Curt Gongwer, M.D., followed a path similar to that of his brother, but with different motives. He has always had an adventurous spirit and a desire to be in situations where skill and knowledge, not technology, would be required to get the job done. It seemed as though doors that his brother had passed through would help fulfill that goal. Having felt a call into medicine, he went to Wabash College, as it offered a broad education in the liberal arts, which would help prepare him for whatever situations he would encounter. His exposure to different cultures and ideas sparked his interest in international travel. He entered Indiana University School of Medicine with the intent of being a general surgeon. But in his years of medical school he discovered the satisfaction of the cognitive aspects of medicine. During medical school he felt drawn towards family medicine, and to Memorial’s Family Medicine Residency because of its reputation. He knew he would work hard, but benefit much from the training he would receive. While at Memorial, he was able to do a rural rotation in Kenya in 1997.

Curt took six months off after residency and traveled around the world. Upon his return, he entered private practice in South Bend where he lives with his wife Jeni, and their three children, Caitlyn, Courtney and Colin. He continued to travel and his desire to share what he had learned grew. He opened a travel medicine clinic in 2003 and pursued further training at the Liverpool School of Tropical Medicine in 2006. He routinely takes referrals from other physicians in the community, seeing some 50-100 patients a year in consultation for travel health related issues. In 2008, he participated in a Yellow Fever Vaccine study with the CDC. His clinic is a Yellow Fever Vaccination site.

Curt does not just travel for the sake of travel. No longer a medical tourist, he found himself returning to Ghana over and over. He is invested in relationships and it was important to him to see the results of previous treatments that he had rendered over time. He is a true family physician. Today, both brothers work together in Crawfordsville, Ind. at an organization called Crosspoint Global Health, a collaborative health outreach in developing countries. Functioning at the grassroots level, they help health professionals and other volunteers team up with health facilities, community workers and churches in underserved areas of the world.
Alumni News

John Wells, M.D.
2011 – Roosevelt, Utah
- Hospice Medical Director
- Chief Elect of the Medical Staff at Uintah Basin Medical Center
- Taught at the annual Cerner Health Conference
- After having four daughters, finally had a son, Spencer James

Jody Wiseman, M.D.
2001 – South Bend, Ind.
- Finished 10th year as a Memorial Hospitalist
- Ran second Boston Marathon

Chris Haimes, M.D.
1999 – Goshen, Ind.
- Taken on a second job in Goshen as the inpatient pediatric director. This position helps coordinate and keep running inpatient pediatric group as more and more providers are choosing to go to outpatient-only practices. The group is made up of mostly family physicians (one is Keith Barkow, M.D., a 2000 alum) who provides care to the inpatient pediatric patients

Sean Stout, M.D.
1999 – Puyallup, Wash.
- Working with Sound Family Medicine, a single specialty group providing full spectrum family medicine care to East Pierce County
- Air Force Reserve Physician
- Team physician and volunteer assistant strength and conditioning coach for the high school football team
- Boy Scout Scoutmaster
- Six children and one grandchild

Chad Smoker, M.D.
2005 – Burnsville, N.C.
- In private practice, located in Spruce Pine, N.C., since 2003
- Bought the two-physician office in 2012 from retiring partner and recruited a partner who was a new graduate
- This summer, a friend and colleague is leaving solo practice in Burnsville, N.C., to take a job at the VA in Asheville. Made the commitment to try and keep his clinic open. Recruited two NPs and will all be spending time in both locations
- Coach youth soccer and pending National Youth License

Michelle Klawiter-Benton, M.D.
2007 – Salisbury, N.C.
- Named Medical Director of UNC Family Medicine at Rolesville
- Started a “Moms in Medicine” support group for women in UNC Physician Network

Stuart Black, M.D.
2007 – Meridian, Idaho
- 7th year at the Terry Reilly Community Health Clinic in Nampa, Idaho and currently the Assistant Medical Director
- Recently became the Medical Director of the hospitalist group for the St. Alphonsus Nampa Health Plaza where he continues to do full-spectrum inpatient medicine, pediatrics and obstetrics
- Expecting baby No. 6

Jordan Bailey, M.D.
2005 – Pocatello, Idaho
- Appointed to board of trustees of Portneuf Medical Center
- Rode a 120-mile bike ride

Janel Charlton, M.D.
2012 – South Bend, Ind.
- Joined Memorial Family Medicine Residency Faculty

Josh Kline, M.D.
2006 – Fort Wayne, Ind.
- Continues to practice family medicine
- Physician Leader for the Primary Care Service Line for Parkview Health in Fort Wayne
- Serves on the Parkview Health Board
- Member of the Parkview Physicians Group Quality Committee
- Member of the Quality and Performance Improvement Committee of Parkview Care Partners, its clinical integration network
- Josh and his wife Raquel have a 4-year-old son, Paul, and still enjoy international travel

2008 – Rockwell, Iowa
- Received the 2013-14 Clinical Adjunct Faculty Award for Excellence in Teaching by the College of Osteopathic Medicine at Des Moines University. This award is given to a clinician who has achieved high standards of clinical practice and teaching to students from the college during the previous year

Beth Gullone, M.D.
2009 – Galena, Ill.
- Serves on the board of directors for Riverview Center, which is a local organization that provides free counseling and services to victims of domestic violence and sexual assault, as well as education on such topics

Sarah Davis, M.D.
2006 – Brunswick, Maine
- Associate Practice Medical Director at Martins Point Health Care – Baribeau Drive in Brunswick and will continue the full outpatient practice

Jason Marker, M.D.
- In private practice in the rural community of Wyatt, about 30 minutes south of South Bend with Tricia Walters (Kurtz), M.D., 2007
- In January 2014, added a Nurse Practitioner and the three are working as a team with the goal of declaring Wyatt the “Healthiest Little Town in Indiana,” by combining personalized care with robust data gathering and community integration
- Director of Medical Staff Affairs at Community Hospital of Bremen
- President-Elect of the American Academy of Family Physicians Foundation
- Lecturing and consulting on family medicine advancement topics at the state, national, and international level
- Part of the team of physicians working on “Family Medicine for America’s Health: Future of Family Medicine 2.0” that will be released this fall as the strategic direction for family medicine
- Co-author on the Annals of Family Medicine article released this May titled “The Future Role of the Family Physician in the United States: A Rigorous Exercise in Definition”
- Jason and Kirsten’s oldest daughter Ellen will be a freshman at Indiana University this fall and will be a member of IU’s Division I rowing team. Hannah and Lauren are both in high school
- “Mustard Seed Farm” continues to breed high quality show goats for 4-H members around the area

Tricia Walters (Kurtz), M.D.
2010 – South Bend, Ind.
- Proud mother of an almost 1-year-old son, Caleb, and sons, Isaac (13) and Alex (15)
- Church leaders
- Recently named the Physician of the Year by the Indiana Rural Health Association, receiving their “Doc Hollywood” award in June 2014

Linda Mansfield, M.D.
1999 – South Bend, Ind.
- Director at Beacon Medical Group Sports Medicine
- Became Director of the Memorial Sports Medicine Fellowship 13 years after being the first graduate of the program
- Completed National Institute for Program Director Development Fellowship
Many physicians are interested in providing medical care to people of other countries and other cultures, and because of this, Memorial Family Medicine Residency Program is committed to facilitating international experiences for our residents.

An elective in international medicine is available to our second- and third-year residents. The rotation is typically 2-4 weeks in duration (1/2-1 block), but there is flexibility up to two blocks. During the elective, the residency continues to provide salary, liability insurance and the usual benefits. Some funds are budgeted to assist with the costs of the rotation.

A number of our faculty members have served abroad, and we are happy to be able to help guide residents toward the type of experience they are looking for (language preference, urban vs. rural, etc.). While abroad, each of the residents is involved in either direct patient care or in medical research and is supervised by a qualified physician on site. Preparation for the rotation includes assigned readings and discussion about the general principles of delivering care in developing countries and information about the medical problems that are likely to be encountered in the region specific to the individual rotation.

Upon returning to the U.S., the resident shares his or her experience in the form of a presentation or a paper. Naturally, we avoid parts of the world that are known to be politically unstable or potentially unsafe.
During the 2013-2014 academic year, five residents did rotations abroad.

In Their Own Words...

Brian Doyle and Michael Kozak, Thailand

Michael – “One of the things I was looking for in a residency program was the opportunity to travel abroad. From my first conversations with Dr. Randall Sutter and Memorial, it was clear the residency was not only supportive of travel abroad, but encouraged and facilitated it. Having spent some time in Uganda during college exploring some of the HIV clinics in the area, I wanted to see more of the world by traveling to Asia. We were able to set up a rotation in Chiang Mai, Thailand. There, I was able to experience a developing country in the midst of a health care transformation. Among the historic temples and traditional healing techniques, I saw and worked with many of the same diseases, medicines and surgeries that we see in the United States. I loved going on home visits, shadowing in clinics, learning about traditional Thai massage, acupuncture, and even traveling to the mountains to assist with catching flies for research in tropical disease. My experience helped me to grow in my understanding of other cultures and expand my perspective in medicine and health care systems. I am incredibly grateful to have had this opportunity during my training.”

James Norman, Haiti

“Haiti is a country plagued by a long history of structural violence, made worse by the recent earthquake, yet full of resilient people who maintain joy in the midst of such struggle. I was fortunate to be able to join a multidisciplinary group from Memorial this year to provide surgical care to residents of Port-Au-Prince. I am incredibly thankful that Memorial is so encouraging to residents who desire international experiences as part of their medical education. The program’s support allowed me to witness firsthand the consequences of an insufficient health care system and to help offer what small degree of support I could. The surgical experience was excellent and the bonds made with colleagues from the hospital is invaluable. I hope to be able to continue my partnership with St. Luke’s Hospital in Port-Au-Prince and am grateful that Memorial has helped support me to that end.”

Matthew Reed and Kari Sears, Peru

Kari – “This year I was able to take two weeks to do a second international rotation, this time on the Itaya River in the Amazon Rainforest. Our group of doctors and dentists spent these two weeks cruising up the river to remote small villages deep within the jungle. Because they are only accessible by boat, many people in these villages have very limited access to health care, and we were often the only doctors they would see all year. Living and working in a wet, tropical environment puts these Peruvians at high risk for tropical diseases such as malaria, dengue fever and leishmaniasis. But the most common diseases we treated were not so different from those we see in our clinic every day: “Gripa” (a common cold), and “dolor de cabeza” (headache) were by far the most common complaints.

But each time I’ve traveled to remote areas of the world to provide medical care, there is a moment when I wonder, ‘How much good I’m really doing there, how much my Tylenol and clotrimazole cream can really do for people with no health infrastructure.’ One night we were on land walking through a village, when a mother brought her 1-month-old son to us. She was worried because he was not eating, and he was having trouble breathing. One look at the baby and we all knew we had to cut our village tour short to care for this child who was clearly in a lot of trouble. We brought him and his mother back to the boat where we had more supplies. A quick evaluation revealed that he likely had pneumonia, was unable to eat due to respiratory distress, and was on the cusp of complete respiratory failure. After some simple treatments (nasal suctioning and a dose of IM antibiotics), we gathered enough money to ensure the family could afford a couple days of hospital care, and sent them in our speed boat to Iquitos to be evaluated at the hospital. We later learned he was in fact very ill and in quite a bit of danger when he arrived, but we were happy to hear that by the time we finished our trip, he was doing much better.

“There are many more examples of patients we saw whose lives we changed during this two-week trip. It’s certainly not a perfect system, but for many Peruvians in this remote jungle, ours is the only care they receive. This trip, and others I’ve had the privilege to participate in, remind me of the value of medical care, the value of health and the positive change that can be made with a little time and money. I am extremely thankful to Memorial that I had this opportunity, and encourage any resident with an interest in service or international health to experience medicine internationally.”

Michael Kozak, M.D.

Kari Sears, M.D.

Matthew Reed, M.D.

James Norman, M.D.
Sports Medicine Fellows and Residents Help Athletes at International Weightlifting Championship

In August 2013, Mark Lavallee, M.D., accompanied by his team of fellows Ryan Lingor, M.D., and Eric Traister, M.D., and residents Amy Corrigan, D.O., and Kari Sears, M.D., traveled to Turin, Italy to cover the International Weightlifting Federation World Masters Championship. This was the 13th year that Dr. Lavallee brought residents and fellows to cover this event. The fellows and residents gained experience treating athletes from many different countries for sports injuries sustained while training for and participating in this event.

Sports Medicine Fellowship Undergoes Leadership Change

As of Jan. 1, 2014 Linda Mansfield, M.D., became the new Co-Director of the South Bend-Notre Dame Sports Medicine Fellowship. Dr. Mansfield is now the director of the Memorial Hospital segment of the fellowship and is working with Steve Simons, M.D., from the Saint Joseph Regional Medical Center. Dr. Mansfield completed her family medicine residency at Memorial Hospital and was the first Memorial sports medicine fellow in the program. She is replacing Dr. Lavallee who was with the program since its start in 1999. Dr. Lavallee has moved to York, Penn. where he is starting a sports medicine fellowship program at the residency program in which he trained. We wish the best of luck to Dr. Lavallee in his new endeavor.

Procedural Training Remains a Core Part of Fellowship Program

MSK ultrasound training remains a strength of the fellowship program and is becoming a part of the family medicine residency training. Joint injections and fracture care are other skills being taught to the residents and fellows. Also at the Sports Medicine clinic, innovative procedures such as PRP and the FAST technique continue to be performed. Fellows are graduating the fellowship well trained to go out into practice and help their patients with the use of these techniques.

Presentations at National Meetings

Sports Medicine Fellows Ryan Foreman, M.D., Drs. Lingor and Traister all presented posters at the American Medical Society for Sports Medicine national conference in New Orleans, La. this April. Memorial residents, Dr. Sears and Julia Bisschops, M.D., both had poster presentations there as well. At the national American College of Sports Medicine conference in Orlando, Fla., Drs. Lingor and Bisschops also conducted podium case presentations.

The relationship between the South Bend Community School Corporation and Beacon Medical Group Sports Medicine continues to be strong. Memorial provides certified athletic trainers to Riley, John Adams, Clay and Washington High Schools. Laville High School also has an ATC provided by Memorial Hospital. Drs. Mansfield and Patterson, sports medicine fellows Drs. Foreman and Lingor, as well as residents Drs. Corrigan, Sears and Bisschops, provided sideline and training room coverage for these schools.

Graduation and New Beginnings

The 2013-2014 Sports Medicine fellows were honored at a graduation ceremony at The Morris Inn on Notre Dame’s campus. Dr. Foreman will be moving on to practice at OSMC in Elkhart, along with former Memorial residents Jason Hix, M.D. and Jennifer Brake, M.D. Dr. Lingor will be joining an orthopedic group in New Jersey, developing the primary care sports medicine in that practice. Dr. Traister will be joining a group in Longmont, Colo., practicing family and sports medicine alongside 2012 fellowship graduate Rebecca Myers, M.D. Present at the graduation and anticipating an exciting year ahead were the 2014-2015 Sports Medicine fellows Dr. Sears and David Smith, M.D.
Residents Provide Medical Coverage for LPGA Four Winds Invitational

Medical coverage for the LPGA Four Winds Invitational held at Blackthorn Golf Course in June was provided by the Memorial residents and Dr. Mansfield. Care was provided for golfers, caddies and spectators for the three-day tournament. Proceeds from the tournament benefit Memorial Children’s Hospital.

Fellows and Residents Protect Health of Thousands of Runners at Annual Sunburst

The 31st running of the Sunburst Races was May 31. The finish line was located on the campus of Notre Dame just outside the football stadium. Dr. Mansfield assumed the role of Medical Director for the race, and with her medical team of fellows, residents, nurses, ATC’s, EMT’s and other volunteers, they provided care for injured runners and those suffering from heat illness. With the humidity down, everyone was able to enjoy a safe race day.
The E. Blair Warner Family Medicine Center is the ambulatory patient care center for resident and faculty physicians. With an active patient population of more than 12,000, we had over 20,000 patient visits in 2013-2014. Our clinic population, which is diverse across medical conditions, ages, gender and ethnicity, includes large pediatric and obstetric panels. This year we saw 420 new obstetric patients and performed more than 360 deliveries.

The center has 18 examination rooms, a surgical procedure room, an acute medical treatment room, a resident working area, a library/staffing area, a patient education room, a large conference room and staff offices.

Our clinical staff consists of registered nurses, licensed practical nurses and medical assistants. We are fortunate to have as part of our team a social worker, a patient financial advocate, a medication assistance coordinator, and volunteers who help with our Obstetrics Program and our Reach Out and Read Program. A group of community obstetricians work closely with our faculty and residents in the care and management of our pregnant patients.

We continue to offer group visits for both pregnant and diabetic patients, providing opportunities for improved patient education and health instruction. These visits are based on the centering concept that integrates health assessment, education and support. A team of health care providers, including physicians (also residents), nurses, counselors, social workers, dietitians and others, work together to provide services for these groups.

We perform many office procedures in our Family Medicine Center, including a variety of gynecologic procedures such as colposcopy, cryotherapy, LEEP (loop electrosurgical excision...
procedure), Nexplanon and other contraceptive procedures. In addition, we perform ultrasounds, vasectomies, ultrasound guided joint injections, casting and splinting and numerous dermatologic procedures.

Our Electronic Health Record (Allscripts) has the latest upgrades to allow us to track measures necessary for the Health Care Reform “meaningful use” program. We also received our National Committee for Quality Assurance (NCQA) recognition as a Level 3 Patient-Centered Medical Home.

The past year was filled with a variety of community service and clinic events. We held our annual Thanksgiving Food Drive to provide holiday food to some of our neediest patients. We participated in a community baby shower to donate items to our Beds and Britches, Etc. (B.A.B.E.) program for expectant mothers. In fall 2013, we had another successful community skin screening, testing more than 100 people for skin cancer. We were joined by several community dermatologists and plastic surgeons who helped make the event more educational.

This past academic year was very successful with many new educational and service opportunities for our physicians and staff. We will continue to strive toward excellence in all aspects of patient care and resident education at the E. Blair Warner Family Medicine Center.
An Inside Look at Memorial and Beacon Health System

Memorial Hospital of South Bend provides world-class health care in South Bend and the surrounding communities, ranging from inpatient care to home care, medical supplies, pharmacy and occupational health services, as well as primary care physicians and specialists.

Memorial serves as a 526-bed regional referral center providing a Level II trauma center and the most comprehensive care in the area for cardiac, cancer, childbirth, pediatric, emergency medicine and rehabilitation services. The Hospital includes a pediatric emergency transport program and the MedFlight helicopter that covers communities within a 150-mile radius. Memorial Children’s Hospital has the region’s highest level Newborn Intensive Care Unit and the area’s only pediatric intensive care unit and pediatric hematology/oncology program.

Among the Memorial entities is the Memorial Family Medicine Residency Program, the hospital’s only residency program.

Key 2013 highlights:

• Memorial Children’s Hospital became one of only a few hospitals in the United States to allow mothers and babies being treated by the Newborn Intensive Care Unit to remain together while in the hospital.

• Memorial was the first hospital in the region to implement an around-the-clock laborist program for both routine and emergency obstetrical care.

• Memorial Regional Cancer Center began a multidisciplinary approach to fighting prostate cancer with the opening of the Prostate Cancer Clinic.

• The Cancer Center installed the most advanced linear accelerator for the treatment of tumors, including breast and prostate, at its Mishawaka facility.

Key Memorial Stats:

Births: .......................................2,401
ER Visits: ....................................54,366
Surgeries: ..................................13,568
Admissions: .................................20,000
Patient Days: ...............................92,294
Awards/Accreditations:

• Memorial Regional Cancer Center received three-year accreditation through the American College of Surgeons’ Commission on Cancer.

• Memorial’s Radiation Oncology Center successfully renewed its accreditation through the American College of Radiation Oncology.

• The Ultrasound Department at Memorial Hospital and Navarre Radiology successfully passed the American College of Radiology reaccreditation process.

• Memorial Hospital received the Consumer Choice Award as the preferred hospital in the region from the National Research Corporation.

• Memorial Leighton Trauma Center was re-verified as an Adult Level II Trauma Center by the American College of Surgeons.

• Memorial Home Care was named to the 2013 HomeCare Elite, a compilation of the top-performing home health agencies in the U.S.

• Memorial Hospital received reaccreditation for Computed Tomography by the American College of Radiology.
Our Curriculum

Obstetrics Program
Our residency program has a long tradition of offering an excellent obstetrics experience within the framework of our traditional residency curriculum. Our graduates have gone on to incorporate obstetrics into their practices and utilize their skills in domestic and international settings. Our residents provide 24-hour coverage of Memorial's Childbirth Center, a busy unit that averages 250–300 deliveries per month. They are on the front lines in the triage, labor and delivery process of the vast majority of patients who come through the hospital’s doors. They do not compete with any other residents for experience. Our residents also provide continuity obstetrical care for more than 400 women per year at the E. Blair Warner Family Medicine Center.

OB Fellowship
Since 2003, we have been pleased to offer a Family Medicine Obstetrics Fellowship. The exposure our graduates receive in higher risk obstetrical care and the procedural skills they learn serve them well in communities with considerable medical needs. The focus of the fellowship is in the performance of cesarean sections and tubal ligations, as well as additional training in obstetrical ultrasound. Each fellow is also expected to create a research project. The structure of the fellowship allows for continued exposure to pediatric and adult medicine so that the fellow is able to maintain a broad and current knowledge base. We have one fellow per year.

Justin Smith, M.D., successfully completed the fellowship in June 2014, performing primary surgeon duties on more than 200 caesarean sections, many tubal ligations, and beginning training on endometrial ablations. He, along with his wife and four children, moved to Jerome, Idaho where he is practicing full-spectrum family medicine including operative obstetrics. “Staying for a fellowship year was one of the best decisions of my life. I feel uniquely qualified to offer obstetrical services in a rural community where traditional OB/GYN services are not available,” he said. Dr. Smith is a graduate of the Memorial Family Medicine Residency Program, the University of Nevada-Las Vegas and the University of Vermont College of Medicine. He enjoys spending time with his wife, Ariane, and their children, Clayton, Noah, Josie and Samantha. He looks forward to rekindling his love of the outdoors with his family and is excited for the prospects the future holds.

Health Services Management
An Introduction
The Health Services Management (HSM) curricular option commenced in 1997 as a partnership with Indiana University South Bend. A resident in this curriculum extends training one year to allow time to earn a Master of Public Affairs Degree in Health Services Management. In addition to traditional clinical rotations, HSM residents rotate with key administrative and management personnel of Memorial Hospital, participating in management meetings and on administrative committees.

Accomplishments/Succesess
Eleven residents have graduated from the Health Services Management (HSM) curriculum: Jason Marker, M.D., (2002); Lance Harmon, M.D., (2003); Chris Jensen, M.D., (2003); Benjamin Adkins, M.D., (2004); Brandon Zabukovic, M.D., (2006); Tim Gerst, M.D., (2007); Keyna Martinez, M.D., (2010); Andy Shull, M.D., (2010); Megan Johnston Flanders, M.D., (2011); Leah Craft, M.D., (2013); and Marion Mahone, M.D. (2014).

Currently there are three residents enrolled in the HSM curriculum: Michael Kozak, M.D., PGY-III; Jordan Despain, M.D., PGY-II; and Richard Ward, M.D., PGY-II.

Of the first 11 residents who have graduated from the HSM curriculum, four (Drs. Marker, Adkins, Zabukovic and Shull) have won the coveted Bristol-Myers-Squibb Award. Dr. Marker, who graduated from the HSM curriculum in 2002, served as the new physician director on the Board of Directors of the American Academy of Family Physicians, 2007-2008, and as president of the Indiana Academy of Family Physicians, 2011–2012. In 2010, Dr. Zabukovic was honored as one of the first winners of the Pfizer Teacher Development Award given by the American Academy of Family Physicians Foundation.

Every year, noon conferences are conducted by HSM residents on a practice management theme. Additionally, five of our HSM curriculum graduates practice in the area (Drs. Marker, Zabukovic, Shull, Martinez and Craft), and all have given practice management noon conferences in the past year. These conferences contribute significantly to the overall teaching of practice management in the program, as residents will
be exposed to more than 20 hours of conferences by HSM residents and graduates during their three years of residency. This past year, Dr. Mahone presented additional conferences.

Residents consistently rate the HSM component as an excellent experience at Memorial Hospital. We have had wonderful support from our management team, particularly Beacon Medical Group Executive Director Mike Gordon, who has been the point person for Memorial on this endeavor. The HSM curriculum, which was revised and updated four years ago, is now more competency-based.

Dr. Kozak is the resident member of the Continuous Quality Improvement Team at Holy Cross Village at Notre Dame, and he utilizes skills acquired from the HSM curriculum. In addition, he is the resident liaison for the residency with Indiana University South Bend, and he serves as the intermediary among the program, the residents and the university.

Of the 11 years in which there was a PGY-III in the HSM curriculum, six of those years the residents chose as their chief resident an HSM resident.

HSM residents rotate with New Avenues, a large local provider of Employee Assistance Programs, for their required EAP rotation.

New Curricular Options

In the past year, the Memorial Family Medicine Residency has added two new curricular options. The Care of the Underserved curriculum enrolled its first two residents in July 2013. It provides additional opportunities for residents who intend to care for people who traditionally have had difficulty obtaining adequate health care due to language, financial, cultural or legal barriers. Residents in this curriculum spend time working with doctors and mid-level providers in both grant-supported federally qualified health centers and non-grant supported health centers. Residents will also have the inside opportunity to learn the important roles played by community service agencies in rounding out care to the underserved.

With hospitalists providing an increasing percentage of inpatient care, and with many family physicians responding to this trend by choosing to practice adult hospital medicine exclusively, the Memorial Family Medicine Residency proudly offers a Hospitalist curriculum commencing July 2014. The Hospitalist curriculum provides residents the opportunity to further hone their skills caring for hospitalized patients, with additional emphases on pulmonary and critical care medicine, inpatient nephrology, infectious disease and stroke unit patients. Completion of this curriculum prepares Memorial residents to practice as hospitalists upon graduation.
The Graduate Medical Education Committee (GMEC) ensures that Memorial Hospital complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2013-2014 are

Michael Long, M.D., Linda Mansfield, M.D., Dale Patterson, M.D., Richard Skupski, M.D., Katrina Vanderveen, M.D., Mark A. Walsh, M.D., Cheryl Wibbens, M.D., Kari Sears, M.D., Joyce Bethke, Rhonda Reed, Robyn Slocum, Stacey Jackson, Susan Kraska, R.N., CIC

The ACGME is currently in major transition to a new accreditation system. The Next Accreditation System officially launched in 2013 and was fully implemented for Family Medicine on July 1, 2014. The program anticipated the changes and adopted a revised resident evaluation process and curriculum to meet the new educational model.

The Memorial Hospital Family Medicine Residency currently has a full accreditation and expects to be surveyed by the ACGME in 2019. A detailed mid-cycle internal review of the residency program was performed in 2011 that ensured substantial compliance with the current ACGME standards.

The resident schedule and supervision was updated in 2011 and the program continues to maintain compliance with the ACGME Duty Hours Rules and the requirements for supervision. Duty hour reporting was reviewed by the residency and the GMEC. It was determined that the resident schedule and requirements continue to ensure substantial compliance with current ACGME standards.

The residency also further expanded the use of an electronic evaluation system. New Innovations software allows for the electronic evaluation of rotations and resident performance, including the milestone-based system implemented with NAS. The evaluations continue to be competency-based and progressive through the three years of training. Our residents continue to perform exceedingly well on evaluations and on the annual in-training exam on which all of our 3rd year residents exceeded the national average score.

The residents continue to be responsible for patient care in both the hospital and outpatient setting. They are also members of all of the medical staff committees and actively participate in the morbidity and mortality conferences that improve patient safety and quality of care. The revised curriculum meets all of the requirements of the Family Medicine specific requirements effective on July 1, 2014. There have been no citations for patient care issues.

Program graduates continue to be pleased with their training and excel in their careers as documented elsewhere in this report. The annual survey of graduates was presented to the GMEC.

The experienced faculty continues to demonstrate excellence in teaching and to develop their teaching skills. The faculty development program included residency-specific quarterly events as well as attendance at national meetings. Dr. Linda Mansfield completed her fellowship this year and three of our current faculty are now graduates of the NIPPD program.

The Memorial Hospital Family Medicine Residency continues to be an excellent residency training program and is proud of the accomplishments of the residents, faculty and alumni.
Over 300 Grads: Where Are They Now?

We Know How to Have Fun Too!
Mission Statement

The mission of the Family Medicine Residency Program of Memorial Hospital is to:

• Provide the highest quality of education to family medicine residents.

• Provide the best possible medical care and service to our patients.

• Advance the specialty of family medicine.

• Improve the health of our community.