Greetings from the Memorial Family Medicine Residency!

I appreciate you taking the time to learn about our program. It is with great pride that I present the 2012-2013 Memorial Family Medicine Residency Annual Report. As you read through this summary of our academic year, I hope that you appreciate as much as I do the people who are the Memorial Family Medicine Residency.

The residents continue to excel academically and provide excellent medical care and service to the local community, and the world. One exciting change with the program was our expansion to 27 funded and approved residents. We are very happy to have had a successful match and nine new residents join us in late June. They join their colleagues in our clinic to serve a large population and provide services that would otherwise be difficult for our patients to access. Two of our first-year residents have chosen to be the first residents to participate in our new and innovative Underserved Curriculum.

Our graduates, new and old, serve their patients in outstanding ways every day. We are proud to highlight some of the activities of our graduates and realize that many others have also achieved tremendous accomplishments. Whether it be as a leader in sports medicine, a new residency faculty member or the family physician who took the extra five minutes to listen to their patient, I am proud of the work Memorial graduates do everyday.

The faculty members continue their commitment to excellence in Family Medicine education. While the awards, publications and recognition the faculty has achieved are numerous and well deserved, the most outstanding aspect of the Memorial faculty is their dedication to the residency. Their innovation and hard work allow the program to offer tremendous opportunities for education, including an outstanding residency experience, fellowships and a master’s degree program.

With the support of Memorial Hospital and Beacon Health System, the residency continues to prepare physicians to be outstanding family physicians and community leaders. Thank you for your continued support of our program.

Dale A. Patterson, M.D.
Director
Meet the Faculty

Class of 2014

Amy Corrigan, D.O.
Brian Doyle, M.D.
Matthew Reed, M.D.
Kari Sears, M.D.
Tina Smith, M.D.
Stephanie Waldrop, M.D.

Class of 2015

Julia Bisschops, M.D.
Matthew DuPre, M.D.
Stephen Harmon, M.D.
Michael Kozak, M.D.
Thomas Larsen, M.D.
James Norman, M.D.
Ryan Ross, M.D.
Jenna Ruple, M.D.
Dane Schlinsky, M.D.
Robert Westbrook, M.D.
Catherine Kreider Bast, M.D.

Hometown: Elkhart, Ind.
Undergrad: Mount Holyoke College
Medical School: Indiana University School of Medicine
Medical Interests: Community medicine and obstetrics
Hobbies/personal interests: Outdoors, running, dancing, yoga, reading, painting, traveling and visiting friends

Edna Becht, D.O.

Hometown: Husum, Wash.
Undergrad: Brigham Young University–Idaho
Medical School: Case Western Reserve University School of Medicine
Medical Interests: Rural family medicine, obstetrics and sports medicine
Hobbies/personal interests: Studying languages, playing guitar and ukulele, weightlifting, biking and playing with my kiddos

Jordon Despain, M.D.

Hometown: Monticello, Ind.
Undergrad: Indiana University
Medical School: Des Moines University
Medical Interests: Osteopathic manipulative medicine
Hobbies/personal interests: Crafting, costuming and Brazilian jiu-jitsu

Rachel Dunham, M.D.

Hometown: Green River, Utah
Undergrad: Sterling College
Medical School: Ben Gurion University, Medical School for International Health
Medical Interests: International medicine and full spectrum family medicine
Hobbies/personal interests: Training and riding horses, reading, being outside for nearly anything and writing about life

Laura Fink, M.D.

Hometown: Boise, Idaho
Undergrad: The College of Idaho
Medical School: University of Utah School of Medicine
Medical Interests: Rural medicine, sports medicine, wilderness medicine, obstetrics and integrative medicine
Hobbies/personal interests: Backpacking, hiking, running, skiing and anything that gets me outside

Aaron Lewis, M.D.

Hometown: Bozeman, Mont.
Undergrad: Brigham Young University
Medical School: The Ohio State College of Medicine
Medical Interests: International medicine, sports medicine, policy and procedures
Hobbies/personal interests: Playing with my three boys, playing sports, woodworking and camping

Joseph Marino, M.D.

Hometown: Memphis, Tenn.
Undergrad: The University of Memphis
Medical School: The University of Tennessee Health Science Center College of Medicine
Medical Interests: Underserved outpatient medicine
Hobbies/personal interests: The University of Memphis Tigers men’s basketball program, cycling and soccer

Pranjal Patel, M.D.

Hometown: Bensenville, Ill.
Undergrad: University of Chicago
Medical School: Saint George’s University in Grenada
Medical Interests: Medical education, sports medicine, ultrasound, alternative medicine and procedures
Hobbies/personal interests: Latin dancing, basketball, tennis, fitness, traveling and yoga

Rick Ward, M.D.

Hometown: Massapequa, N.Y.
Undergrad: University of Notre Dame
Medical School: University at Buffalo, State University of New York
Medical Interests: Continuity of care and policy
Hobbies/personal interests: Playing sports

Class of 2016
2013 Graduates

Cameron Beck, M.D.
Cameron earned his undergraduate and Master of Physiology and Developmental Biology degrees from Brigham Young University and his medical degree from University of Utah. Cameron enjoys keeping his wife and four children “alive and happy.” He also enjoys reading and technology. Cameron, his wife Laura, and their children, Colin, Ella, Will, and newborn baby daughter, Lily (born June 9), moved to the State of Washington, where he is in practice with Moses Lake Community Health Center.

Ryan Foreman, M.D.
Ryan graduated from Ball State University and Indiana University School of Medicine. Ryan enjoys running and 6 a.m. basketball games. During residency, he covered the World Masters Weightlifting Championships in the Ukraine, presented two podium presentations for the American College of Sports Medicine, a poster for the American Medical Society for Sports Medicine and contributed to a chapter in the “Sports Medicine: Review for Boards” called “Sports Rheumatology.” Dr. Foreman will be continuing his education as Memorial’s Sports Medicine Fellow.

Adam Houghton, M.D.
Adam earned his undergraduate degree from Augustana College and medical degree from Southern Illinois University College of Medicine. Adam served as Chief Resident of the program. He enjoys running, reading and most of all, spending time with his wife Marie and their daughter, Claire. Adam and his family moved to Bloomington, Ill. where he is in practice with Bloomington Primary Care.

Kristin Huynh, D.O.
Kristin graduated from St. Xavier University and Chicago College of Osteopathic Medicine of Midwestern University. Kristin claims her major accomplishments during residency were having another child, staying married and that the house did not fall apart. Kristin will remain at Memorial as a Hospitalist. Kristin enjoys spending time with her husband, Sal, and their two children, Isabella and Adrian.

Marion Malone, M.D.
Marion earned her undergraduate degree from Harvard University and medical degree from University of Michigan Medical School. She enjoys traveling, poker and dance. Marion will remain in South Bend as she completes a Master’s Degree in Public Affairs at Indiana University South Bend. Marion states that her major accomplishment during residency is surviving classes at IUSB while completing her required rotations.

Bryan Mason, M.D.
Bryan graduated from Brigham Young University and University of Vermont College of Medicine. Bryan contributed to a chapter in the “Sports Medicine: Review for Boards” called “Sports Rheumatology,” authored a case report for the “Journal of the American Board of Family Medicine” and an article on “Supplements in Sports” for the journal “Sports Health.” Bryan enjoys spending time with his wife, Natalie, and their children Niah, Chloe, Bennett and Bridger. Bryan and his family moved to Idaho where he is in practice with Physicians Center/St. Luke’s in Twin Falls.

Gerald Morris, Jr., M.D.
Jerry earned his undergraduate degree from Indiana University South Bend and medical degree from Indiana University School of Medicine. Jerry served as Vice Chief Resident of the program. He enjoys family trips and basketball. Jerry, his wife, Kristin, and their children Brianna, Tyler and Gavin moved to Osceola. He is in practice with Pokagon Band of Potawatomi Indians Health Services in Dowagiac, Mich. Jerry is also on the faculty at Memorial Family Medicine Residency.

Justin Smith, M.D.
Justin graduated from University of Nevada, Las Vegas, and University of Vermont College of Medicine. He enjoys spending time with his wife, Ariane, and playing with their children, Clayton, Noah, Josephine and Samantha. He also enjoys dancing, singing, cooking, camping, hunting, fishing and all kinds of sports. Justin will remain in South Bend while he continues his education as the Obstetrics Fellow.
Leader Profile

Sports Medicine at the Heart of Kim’s Career

An early drive to focus her medical career on sports medicine brought Kim Harmon, M.D., a 1996 graduate, to the Memorial Family Medicine Program. She originally came to South Bend from Seattle to attend the University of Notre Dame, where she played basketball and was a student athletic trainer. She went on to Indiana University School of Medicine, spending her first two years at the Notre Dame campus, where she was the head athletic trainer for St. Mary’s College. When it came time to select a residency, she chose Memorial because of the program’s willingness to accommodate her special interest, even though, at the time, there was no Sports Medicine fellowship. She was allowed to spend time at St. Mary’s as the head team physician and as a team physician at Washington High School. She also was Chief Resident and received the Mead Johnson Award for Graduate Medical Education. She completed her Sports Medicine Fellowship at Ball Memorial where her extensive experience at Memorial allowed her to be a team physician.

The lure of the Pacific Northwest took her and her growing family back to Seattle. She took a position in Student Health at the University of Washington, deciding with her husband to give it two years to develop into a Sports Medicine position. Obviously things worked out. She is currently the Director of the Primary Care Sports Medicine Fellowship, head football team physician, covers women’s basketball and is a team physician at Bishop Blanchet High School. She holds joint appointments as Professor in the Department of Family Practice and in the Departments of Family Medicine and Orthopaedics and Sports Medicine.

Her research interests include sudden cardiac death in athletes, the use of biologics in tendinopathy and sickle cell traits in athletes. In addition, she was President of the American Medical Society for Sports Medicine 2009-10, is a fellow and currently on the Board of Directors of the American College of Sports Medicine, a member of AAFP and serves as a consultant to the NCAA on special projects. She and her husband, Mike, enjoy a variety of activities offered in the Seattle area with their four sons Ryan, Jack, Patrick and Sean. Dr. Harmon reflects on her years at Memorial as providing high-quality, broad training that continues to impact her work. She considers the broad knowledge base and family medicine background to be critical to the field of sports medicine and looks for fellows who excelled in family medicine during their residency. “Every day in sports clinic, it is amazing how much family medicine I do. Being able to see the big picture is crucial as medicine becomes more and more specialized. Family physicians are the ones who are most able to provide that perspective.”

Graduate Heading North for Next Chapter

Amy Hogue, M.D., left the family farm in western South Dakota to attend the University of Notre Dame, followed by medical school at the University of Iowa College of Medicine. She was attracted to Memorial Family Medicine Residency program, in part, due to the focus on care of the underserved. During her time in residency she served as Chief Resident and was a frequent member of the 6 a.m. basketball game on Wednesdays at the Health & Lifestyle Center.

After completing the residency in 2009, she continued her commitment to the underserved by taking a position at Muskegon Family Care in Muskegon, Mich., a community health clinic, because of the opportunity to provide comprehensive care to patients most in need. She enjoys the full spectrum of family medicine, but especially enjoys obstetrics, pediatrics, procedures, and teaching. When she first arrived in Muskegon, Mich. the clinic was involved in working with family medicine residents and medical students, which she found particularly rewarding. Changes in the local health care system resulted in the residency changing locations and she found she missed those teaching opportunities.

Other changes followed, including the addition of sons Jacob, 4, and Elijah, 9 months. In addition, her husband Joe completed law school and was looking for opportunities to practice business law. He found an opportunity in Sioux Falls, S.D., that meets his career goals and is much closer to extended family. Amy looked into health care opportunities, and serendipity played a role in that the Sioux Falls Family Medicine Residency was looking for an additional faculty member. The family will be making the move to Sioux Falls early in 2014 for the next chapter in their lives. Amy will be full-time faculty and continue working in the community health clinic setting, staying true to her values and love of taking care of patients. “I can’t imagine doing anything different.”
Alumni News

**Jason Marker, M.D.**  
- Medical Director, Sprenger Healthcare, a rehabilitation and assisted living facility in Mishawaka  
- Director of Medical Staff Affairs at Community Hospital of Bremen  
- President-Elect American Academy of Family Physicians Foundation  
- Remains active in a variety of leadership activities at the state and national level

**Gordon Harkness, M.D.**  
2003 – Provo, Utah  
- Elected to a three-year term on the Intermountain Healthcare Board of Trustees

**Chad Smoker, M.D.**  
2003 – Spruce Pine, N.C.  
- Blue Ridge Regional Hospital Credentials Chair  
- Blue Ridge Regional Hospital Board Member  
- Purchased two-physician office and recruited one new physician  
- Took family to Guatemala City to study Spanish and celebrate 10 years of practice

**Michael Sullivan, M.D.**  
- Chief of staff of Watertown Regional Medical Center-University of Wisconsin Health Partners  
- Continues to serve on Hospital Board of Directors

**Jordon Bailey, M.D.**  
2005 – Pocatello, Idaho  
- Board Certified in Hospice Medicine  
- Medical Director for access hospice in Pocatello and Blackfoot, Idaho  
- Affiliate faculty status at ISU Family Medicine Residency

**Steven LeGrow, M.D.**  
2006 – Jefferson, Texas  
- Medical Director, Marquardt Hospice  
- Medical Director of Information Technology at UWHP, Watertown Hospital  
- Race Director of The Run Turkey Run 5K

**Laura Moeller, M.D.**  
2007 – Ankeny, Iowa  
- Changed positions and moved from Boone to Ankeny, Iowa

**Nykki Boersma, M.D.**  
- Serving on the Membership and Bylaws Commissions through the Indiana Academy of Family Physicians  
- Moving to new practice in Greensburg in September

**John Tipton, M.D.**  
2008 – Greensboro, N.C.  
- Joining High Point Orthopaedics and Sports Medicine heading their bone health clinic

**Amy Hogue, M.D.**  
- Joining faculty at Sioux Falls Family Medicine Residency in January 2014

**Andy Shull, M.D.**  
2010 – South Bend, Ind.  
- Co-convener of the New Physician Caucus for the National Conference of Special Constituencies of the AAFP for 2014  
- Alternate delegate to the 2013 AAFP “Congress of Delegates”
Many physicians are interested in providing medical care to people of other countries and other cultures. We are committed to facilitating international experiences for our residents.

An elective in international medicine is available to our second- and third-year residents. The rotation is typically 2-4 weeks in duration (1/2-1 block), but there is flexibility up to two blocks. During the elective, the residency continues to provide salary, liability insurance and the usual benefits. Some funds are budgeted to assist with the costs of the rotation.

A number of our faculty members have served abroad, and we make an effort to match residents with the type of experience they are looking for (language preference, urban vs. rural, etc.). While abroad, each of the residents is involved in either direct patient care or in medical research and is supervised by a qualified physician on site. Preparation for the rotation includes assigned readings and discussion about the general principles of delivering care in developing countries, and also information about the medical problems that are likely to be encountered in the region specific to the individual rotation. Upon returning to the U.S., the resident shares his or her experience either by doing a presentation or a paper. Naturally, we avoid parts of the world that are known to be politically unstable or potentially unsafe.
In Their Own Words…

**Kari Sears, India**

“Memorial not only allows but supports and encourages residents interested in international medicine to go on an international rotation. I had the opportunity to travel to the northern edge of India, nestled in the beautiful inner Himalayas. In my month there, I experienced the dichotomy of a stunning and protected landscape that not only sheltered itself from overpopulation and commercialization, but also from access to basic health care. In our travels through this remote area, we served over 2,500 patients who otherwise would have extremely limited access to any form of health care. It was an opportunity to see common diseases at their worst: what can happen if things like pneumonia and anemia go untreated for a lifetime. It was an amazing experience that allowed me to appreciate how simple medicine can improve the quality of life of a patient. I’ve never seen so many people happy to have Tylenol and a new pair of sunglasses!”

**Adam Houghton, Israel**

“I cannot say enough about my experience in Israel during my residency at Memorial. It has helped me grow as a person and as a doctor. I am still fascinated by the similarities and differences of health care in Israel compared to the United States. I learned a lot about how the frequent unrest in the Middle East has tangible effects on the lives of the people who live there and on the delivery of health care. I was able to meet and connect with people from many different cultural and religious backgrounds. I was also able to take time to join a tour group and travel around the country. Overall, this was one of the best experiences of my life.”

**Tina Smith, Zambia**

“The international experience at Memorial is unique in many ways. You have the flexibility to choose your location with the assistance of staff with multiple international contacts. The program supports you financially and also allows up to two months in an international elective. The international experience is expanding with an interest group that discusses international topics to prepare residents prior to their trip as well as reinforce learned skill upon their return. If you are looking for a strong international experience as well as a challenging residency program, Memorial might be the right program for you.

I rotated in Zambia at a small, rural hospital during my second year. The flexible, extensive opportunities to pursue international experiences are one of the top reasons I chose to train at Memorial. You have the option of two consecutive months versus two separate months with some degree of financial support from the program, in addition to salary continuance while you are away. They make it easy for you to pursue your own interests outside of the standard curriculum. Doing an international elective not only can enhance your skills and knowledge as a physician, but is a life-changing experience.

In searching for a residency program, one of my top criteria was a robust international experience. At Memorial I got just that. During your second and third year you have the option of doing one to two months in an international location of your choice. Our experienced faculty and alumni have contacts around the world making the options limitless. They work with you in preparation for your trip. Due to popular demand from residents, an international interest group is developing for those with a strong interest in international medicine or the residents who would just like to learn more about tropical medicine. Finances can be a concern when pursuing international electives, especially on a resident salary. Memorial aids in financial compensation and your salary continues while you are away. I spent my time in Zambia and it was an amazing, education filled, life-altering experience. I highly recommend considering Memorial if you have an interest in international medicine.”
New Technique Removes Damaged Tissue
In November 2012, Mark Lavallee, M.D., started offering his patients with chronic injury to certain tendons/fascia the ability to remove scar tissue using a double lumen probe inserted under the skin into the painful areas. The procedure called the F.A.S.T. technique stands for Focused Aspiration of Scar Tissue and is manufactured by TENEX. This procedure is meant to be a safe, office-based, outpatient way to remove scar tissue, perform a partial tenotomy, break-up small calcifications or decimate neovascularization, all under a local anesthetic. Though not all patients will qualify for this procedure, it has allowed sports medicine to offer yet another option outside of surgery to athletes with chronic soft tissue injuries.

Sports Medicine Continues to Grow Presence Worldwide
This year marks the 12th year that we have brought residents and fellows to the International Weightlifting Federation’s World Masters Championships. Last fall, October 2012, Dr. Lavallee brought his medical team of Chris Johnson, M.D., Ryan Slater, M.D., (both sports medicine fellows) Bryan Mason, M.D., and Ryan Foreman, M.D., (both 3rd year residents) to the beautiful Lviv, Ukraine. All who attended stated that they were able to expand both their medical and cultural horizons. In August 2013, Dr. Lavallee took new fellows Ryan Lingor, M.D. and Eric Traister, M.D. to the World Masters Games in sunny Turin, Italy. Dr. Foreman (sports medicine fellow) will be not going to Italy because he will be flying with our Olympic hopefuls to Santiago, Chile, for the Pan-Am championships. Eric Traister, M.D., attended another IWF Pan-American championship in Isla de Margarita, Venezuela, in June 2013, just before starting our fellowship. Both Drs. Foreman and Traister’s service to our USA weightlifting athletes was much appreciated.

Ultrasound Teaching Goes Prime Time

1st annual Ultrasound Course at the Residency
In May 2013, Dr. Lavallee, along with faculty members, Linda Mansfield, M.D., and Randall Suttor, M.D., developed and implemented a comprehensive ultrasound course to expose the residents to wonderful aspects of ultrasound including obstetrics, musculoskeletal and other uses like with the eye and vocal cords! This was held over two days for more than four hours of didactics and actual scanning. The residents enjoyed the ability to perform ultrasound-guided injections on pigs’ feet.

MSK Ultrasound Faculty
In January 2013, the 2nd Annual AMSSM Beginner’s Musculoskeletal (MSK) Ultrasound Course was held at the Indiana University School of Medicine on Notre Dame’s campus.

Book Chapter on Shoulder Ultrasound
In June 2013, Basics in Musculoskeletal Ultrasound was published by Springer. Collaborating with editors Jim Daniels, M.D., and Bill Dexter, M.D., (current ACSM president), Dr. Lavallee published a chapter on shoulder ultrasound geared to teach medical students and residents the basics of MSK Ultrasound.
Sports Medicine Fellowship Reaccredited
Every five years or so the American College of Graduate Medical Education (ACGME) has training programs submit reaccreditation paperwork and make a site visit. Though this is an often arduous process, the staff, the administrators and the physicians were very diligent getting both paper and online documentation together. In June 2012, they had their site visit and were reaccredited for five years with no negative citations, a recognition achieved by less than 5 percent of accredited programs in the USA. Going forward, the ACGME will implement the Next Accreditation System (NAS) complete with new “milestones,” starting July 1, 2014 for Family Medicine and Sports Medicine.

Residents Collaborate on a Book Chapter
Residents, Kari Sears, M.D., and Amy Corrigan, D.O., working with Dr. Lavallee co-authored a review article titled “The Evaluation and Treatment of Elbow Injuries,” in the Primary Care: Clinics in Office Practice: Sports Medicine, June 2013.

Professional Boxing and Mixed Martial Arts (MMA) Come to Michiana
In April 2013, Dr. Linda Mansfield and first year resident, Dr. Julia Bisschops covered the first professional boxing tournament in the region at the Four Winds Casino, in New Buffalo, Mich. Later that same weekend, Dr. Lavallee covered the “cage matches” of professional MMA at the Century Center in South Bend. Of course, this is in addition to the semi-annual USA Boxing local tournaments and the intramural collegiate boxing at Notre Dame called the “Bengal Bouts.”

Record Participation at American College of Sports Medicine Meeting
This year was a special year as we had four current residents, two current sports medicine fellows and one incoming fellow from Memorial earn podium presentations at this prestigious international conference in May in Indianapolis. Drs. Julia Bisschops, Kari Sears, Amy Corrigan and Ryan Foreman were among the residents presenting. Dr. Ryan Foreman will also be one of our three fellows this year. Drs. Slater and Johnson, both current fellows presented at the podium too. Dr. Traister, an incoming fellow from Denver who started in July, presented an interesting clinical case, too. Dr. Lavallee participated as a speaker as part of the CAQ review geared to help current fellows and sports medicine physicians preparing to take the Sports Medicine CAQ Board exam. Dr. Lavallee also acted as a moderator for a series of clinic cases involving general medicine issues.

Memorial Provides Medical Services for LPGA Event Twice in One Year
In August 2012, Memorial Children’s Hospital partnered with the Four Winds Casino to host the Symetra LPGA Tour at Blackthorn Golf Club. The faculty, fellows and family medicine residents in the sports medicine focus-curriculum provided on site care to the professional golfers, their caddies, and families on the Tour. It was a fun-filled, three-day event with minimal injury. Due to oppressive heat, the LPGA Tour coordinators moved the Four Winds Invitational to June 2013 so our staff of physicians provided the same world-class care to the professional golfers and their caddies again in under one year!

Graduation Time
This past June, the sports medicine fellowship graduated its 14th class. Drs. Johnson and Slater represented our 27th and 28th graduates. On another note, Dr. Foreman completed our sports-medicine focused curriculum in addition to finishing his third year of residency. He plans to continue covering sporting events as one of our three fellows while in the South Bend-Notre Dame Sports Medicine Fellowship Program.
The E. Blair Warner Family Medicine Center is the ambulatory patient care center for resident and faculty physicians. With an active patient population of more than 12,000, we had nearly 22,000 patient visits in 2012-2013. Our clinic population, which is diverse across medical conditions, ages, gender and ethnicity, includes large pediatric and obstetric panels. This year we saw more than 400 new obstetric patients and had more than 360 deliveries.

The Center has 18 examination rooms, a surgical procedure room, an acute medical treatment room, a resident working area, a library/staffing area, a patient education room, a large conference room and staff offices.

Our clinical staff consists of registered nurses, licensed practical nurses and medical assistants. We are fortunate to have as part of our team a social worker, a social concerns educator, a patient financial advocate, a medication assistance coordinator and volunteers who help with our obstetrics program and our Reach Out and Read program. A group of community obstetricians work closely with our faculty and residents in the care and management of our pregnant patients. We continue to offer group visits for both pregnant and diabetic patients, providing opportunities for improved patient education and health instruction. These visits are based on the centering concept that integrates health assessment, education and support. A team of health care providers, including physicians (including residents), nurses, counselors, social workers, dietitians and others, work together to provide services for these groups.
We perform many office procedures in our Family Medicine Center, including a variety of gynecologic procedures such as colposcopy, cryotherapy, LEEP (loop electrosurgical excision procedure), Nexplanon and other contraceptive procedures. In addition, we perform ultrasounds, vasectomies, ultrasound guided joint injections, casting and splinting and numerous dermatologic procedures.

Our Electronic Health Record (Allscripts) has the latest upgrades to allow us to track measures necessary for the health care reform “meaningful use” program. We are working toward NCQA (National Committee for Quality Assurance) recognition as a Level 3 Patient-Centered Medical Home.

The past year was filled with a variety of community service and clinic events. We held our annual Thanksgiving Food Drive to provide holiday food to some of our neediest patients. We participated in a community “baby shower” to donate items to our Beds and Britches, Etc. (B.A.B.E.) program for expectant mothers. In spring 2012, we held another successful community skin screening, testing more than 100 people for skin cancer. We were joined by several community dermatologists and plastic surgeons.

This past academic year was very successful with many new educational and service opportunities for our physicians and staff. We will continue to strive toward excellence in all aspects of patient care and resident education.
An Inside Look at Memorial and Beacon Health System

Memorial Hospital of South Bend provides world-class health care in South Bend and the surrounding communities, ranging from inpatient care to home care, medical supplies, pharmacy and occupational health services, as well as primary care physicians and specialists.

Memorial serves as a 526-bed regional referral center providing a Level II trauma center and the most comprehensive care in the area for cardiac, cancer, childbirth, pediatric, emergency medicine and rehabilitation services. The Hospital includes a pediatric emergency transport program and the MedFlight helicopter that covers communities within a 150-mile radius. Memorial Children’s Hospital has the region’s only Level III Newborn Intensive Care Unit and the area’s only pediatric intensive care unit and pediatric hematology/oncology program.

Other entities include Memorial Health Foundation, Memorial Home Care and Memorial Medical Group. Memorial Family Medicine Residency Program is the only residency program at Memorial.

Key 2013 highlights:

- Memorial acquired new MedFlight helicopter
- Memorial acquired new pediatric ambulance
- Memorial Hospital of South Bend earned The Joint Commission’s Gold Seal of Approval® for accreditation by demonstrating compliance with The Joint Commission’s national standards for health care quality and safety in hospitals
- Memorial became the first and only hospital in the region to house two state-of-the-art hybrid operating rooms
- Memorial Medical Group opened Kidney and Hypertension Center

MISSION
To enhance the physical, mental, emotional and spiritual well-being of the communities we serve as the community’s provider of outstanding quality, superior value and comprehensive health care services.

VISION
To be recognized as a national model for the delivery of health and wellness by achieving the Top 10% in clinical quality, Top 10% in patient satisfaction and top tier in value per patient in the United States.

Beacon Health System
Key Stats
Total births......................4,381 (2012)
Total ER visits ...............119,514 (2012)
Total surgeries ...............18,577 (2012)
Awards/Accreditations:

- Memorial Hospital of South Bend: The National Research Corporation named Memorial as a Consumer Choice Award winner for the 10th consecutive year (2012/2013).
- Memorial Regional Breast Care Center: Designated as a Breast Imaging Center of Excellence. This designation is awarded only to facilities that have received accreditation by the American College of Radiology in stereotactic breast biopsy, breast ultrasound and ultrasound-guided breast biopsy.
- Accreditation with Commendation, Memorial Regional Cancer Center, by the American College of Surgeons, Commission on Cancer.
- National Radiation Accreditation, Memorial Regional Cancer Center, by the American College of Radiation Oncology.
- Reaccreditation of ultrasound practice, Memorial Maternal Fetal Medicine, by the American Institute of Ultrasound in Medicine.
- Reaccreditation of the Inpatient Rehabilitation Unit by the Commission on Accreditation of Rehabilitation Facilities.
- Memorial Home Care was named to the 2012 HomeCare Elite, a compilation of the top-performing home health agencies in the United States.
- 2013 Memorial Neighborhood Health Center-Centennial/Memorial Family Medicine Residency 3-Year AAAHC Accreditation for Office-Based Surgery
- 2013 COLA Laboratory Accreditation

Beacon Health System, the parent organization of Memorial Hospital of South Bend and Elkhart General Hospital, is the region’s largest, non-profit health care system. Both hospitals were identified as recipients of the 2012 HealthGrades Patient Safety Excellence Award™, indicating that their patient safety ratings are in the top 5 percent of U.S. hospitals.
Our Curriculum

Obstetrics Component Instrumental in Expanding Residents’ Expertise
Our residency program has a long tradition of offering an excellent obstetrics experience within the framework of our traditional residency curriculum. Our graduates have gone on to incorporate obstetrics into their practices and utilize their skills in domestic and international settings. Our residents provide 24-hour coverage of Memorial’s Childbirth Center, a busy unit that averages 250-300 deliveries per month. They are on the front lines in the triage, labor and delivery process of the vast majority of patients who come through the hospital’s doors. They do not compete with any other residents for experience. Our residents also provide continuity obstetrical care for more than 400 women per year at the E. Blair Warner Family Medicine Center.

OB Fellowship
Since 2003, we have been pleased to offer a Family Medicine Obstetrics Fellowship. The exposure our graduates receive in higher risk obstetrical care and the procedural skills they learn serve them well in communities with considerable medical needs.

The focus of the fellowship is in the performance of cesarean sections and tubal ligations, as well as additional training in obstetrical ultrasound. Each fellow is also expected to create a research project. The structure of the fellowship allows for continued exposure to pediatric and adult medicine so that the fellow is able to maintain a broad and current knowledge base. We have one fellow per year.

Ricky Gardner, M.D., successfully completed the fellowship in June 2013, conducting 194 caesarean sections, along with 27 colonoscopies. He, along with his wife and four children moved to Blackfoot, Idaho where he is practicing full-spectrum family medicine including operative obstetrics and endoscopy. “The year spent as the OB fellow prepared me well to comfortably function in my new role as a family physician in a rural community,” he said. Dr. Gardner is a graduate of the Memorial Family Medicine Residency Program, Utah State University and Ohio State University College of Medicine. He enjoys spending time with his wife, Carissa, and their children, Daxton, Kambry, Jace and Mya. He also enjoys cross-country running, participating in marathons, competing in triathlons, cycling, camping and reading.

Health Services Management Continues to Play an Important Role

An Introduction
The Health Services Management (HSM) curricular option commenced in 1997 as a partnership with Indiana University South Bend. A resident in this curriculum extends training one year to allow time to earn a Master of Public Affairs Degree in Health Services Management. In addition to traditional clinical rotations, HSM residents rotate with key administrative and management personnel of Memorial Hospital, participating in management meetings and on administrative committees.

Accomplishments/Successes
Ten residents have graduated from the Health Services Management (HSM) curriculum: Jason Marker, M.D., (2002); Lance Harmon, M.D., (2003); Chris Jensen, M.D., (2003); Benjamin Adkins, M.D., (2004); Brandon Zabukovic, M.D., (2006); Tim Gerst, M.D., (2007); Keyna Martinez, M.D., (2010); Andy Shull, M.D., (2010); Megan Johnston Flanders, M.D., (2011); and Leah Craft, M.D., (2013).
Currently there are five residents enrolled in the HSM curriculum: Marion Mahone, M.D., PGY-IV; Michael Kozak, M.D., PGY-II; Jordon Despain, M.D., PGY-I; Aaron Lewis, M.D., PGY-I; and Richard Ward, M.D., PGY-I.

Of the first 10 residents who have graduated from the HSM curriculum, four (Drs. Marker, Adkins, Zabukovic and Shull) have won the coveted Bristol-Myers-Squibb Award. This makes 40 percent of our first 10 residents to navigate the curriculum winners of this award. This may be the highest percentage of any curriculum in the country. Dr. Marker, who graduated from the HSM curriculum in 2002, served as the new physician director on the Board of Directors of the American Academy of Family Physicians, 2007-2008, and is currently the past president of the Indiana Academy of Family Physicians. In 2010, Dr. Zabukovic was honored as one of the first winners of the Pfizer Teacher Development Award given by the American Academy of Family Physicians Foundation.

Every year, noon conferences are conducted by HSM residents on a practice management theme. Additionally, five of our HSM curriculum graduates practice in the area (Drs. Marker, Zabukovic, Shull, Martinez and Craft), and all have given practice management noon conferences in the past year. These conferences contribute significantly to the overall teaching of practice management in the program, as residents will be exposed to more than 20 hours of conferences by HSM residents and graduates during their three years of residency. This past year, Dr. Mahone presented additional conferences.

Residents consistently rate the HSM component as an excellent experience at Memorial Hospital. We have had wonderful support from our management team, particularly Memorial Medical Group Executive Director Mike Gordon, who has been the point-man for Memorial on this endeavor. The HSM curriculum, which was revised and updated three years ago, is now more competency-based.

The quality of instruction at Indiana University South Bend (IUSB) has been rated consistently good; the academic experience is also highly regarded.

Dr. Sutula last taught his signature course, Y516 Legal Aspects of Health Care Delivery, during the fall semester 2012 and is scheduled to teach it every 1½ to 2 years. He has taught this course six times since 2003. In addition, he taught H503 Health Systems Organization and Policy Development during the spring semester 2007. Dr. Marker joined the IUSB faculty this past year and now teaches Y506 Politics of Health Care Finance. This helps cement the relationship between Memorial FMRP and Indiana University South Bend.

Dr. Kozak is the resident member of the Continuous Quality Improvement Team at Holy Cross Village, and utilizes skills acquired from the HSM curriculum. In addition, Dr. Mahone is the resident liaison for the residency with Indiana University South Bend, and serves as the intermediary among the program, the residents and the university.

Of the 10 years in which there was a PGY-III in the HSM curriculum, six of those years the residents chose as their chief resident an HSM resident.

HSM residents rotate with New Avenues, a large local provider of Employee Assistance Programs, for their required EAP rotation.

As their HSM project, Drs. Martinez and Shull completed a manual on coding and billing, which is available to residents and faculty alike on Memorial’s Intranet.

Drs. Despain, Lewis and Ward commenced their course work at IUSB this year. Upper-class members of the HSM curriculum will provide them with time management techniques and other insight regarding balancing residency and graduate school.

The HSM curriculum will include HSM resident participation in CQI at E. Blair Warner Family Medicine Center and at Dujarie House at Holy Cross Village and the Milton Home.

PGY-IV residents will serve on the hospital quality improvement committee. This year, Dr. Mahone will work with Gary Fromm, M.D., on an ad hoc basis to serve as an ethics team considering ethical issues confronting practitioners.
The Graduate Medical Education Committee (GMEC) insures that Memorial Hospital complies with all Accreditation Council on Graduate Medical Education (ACGME) institutional and residency standards. The members of the GMEC for 2012-2013 are: Joyce Bethke, Kate Dutkiewicz, M.D., Gary Fromm, M.D., Stacy Jackson, Susan Kraska, R.N., CIC, Mark Lavallee, M.D., Michael Long, M.D., Linda Magnuson, Dale Patterson, M.D., Karen Reed, Richard Skupski, Kurt Stiver, M.D., Katrina T. Vanderveen, M.D., Mark Walsh, M.D., and Cheryl Wibbens, M.D., Jerry Morris, M.D., Kari Sears, M.D., and Kreg Gruber.

The ACGME is currently in major transition to a new accreditation system. The Next Accreditation System officially launched on July 1, 2013, but will not be fully implemented for Family Medicine until 2014. Nevertheless, the anticipated changes have already influenced the activities of the residency program.

The Memorial Hospital Family Medicine Residency currently has a full accreditation and expects to be surveyed by the ACGME in 2019. Due to the adoption of NAS, the programs scheduled review in 2014 will not take place. A detailed mid-cycle internal review of the residency program was performed in the 2011 that insured substantial compliance with the current ACGME standards.

Resident schedule and supervision were updated in 2011 and the program continues to maintain compliance with the ACGME Duty Hours Rules and the requirements for supervision. Duty hour reporting was reviewed by the residency and the GMEC. It was determined that the new resident schedule and requirements generated substantial compliance with current ACGME standards.

The residency also continued to expand the use of an electronic evaluation system. New Innovations software allows for the electronic evaluation of rotations and resident performance. The evaluations continue to be competency based and progressive through the third years of training and are being adapted to meet the requirements of the residency milestones and NAS. Our residents continue to perform exceedingly well on evaluations and on the annual in-training exam on which all of our third-year residents exceeded the national average score.

The residents continue to be responsible for patient care in both the hospital and outpatient setting. They are also members of all of the medical staff committees and actively participate in the morbidity and mortality conferences that improve patient safety and quality of care. The curriculum continues to meet all of the requirements of the Family Medicine specific requirements. There have been no citations for patient care issues.

Program graduates continue to be pleased with their training and excel in their careers as documented elsewhere in this report. The annual survey of graduates was presented to the GMEC. The experienced faculty continues to demonstrate excellence in teaching and to develop their teaching skills. The faculty development program included residency specific quarterly events as well as attendance at national meetings. Drs. Patterson and Dunfee presented at the AAFP Residency Programs Solutions Conference in 2013.

In summary, the Memorial Hospital Family Medicine Residency continues to be an excellent residency training program and we are proud of the accomplishments of the residents, faculty and alumni.
Over 300 Grads: Where Are They Now?

75% of our grads are practicing in IN, IL, MI, OH

We Know How to Have Fun Too!