

2017 Mary Morris Leighton Lecture

FREE EVENT

Tuesday, October 10, 2017
Hilton Garden Inn, South Bend
7 p.m. ET

Book signing after the presentation

Nic Sheff

Recovering Addict & Author

A Journey Through Addiction

Nic Sheff was drunk for the first time at age eleven. In the years that followed, he would smoke pot regularly, do cocaine and ecstasy, and develop addictions to methamphetamines and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to.

It took a violent relapse one summer in California to convince him otherwise. Now in his thirties, Sheff is a recovering drug addict and alcoholic who has written two memoirs, *Tweak* and *We All Fall Down*, about his experience. He has also been published in *Newsweek*, *Nerve*, and the *San Francisco Chronicle*.

In a voice that is raw and honest, he spares no detail in telling the compelling, heartbreaking, and true story of his relapse and the road to recovery. He plunges into the mental and physical depths of drug addiction, painting a picture of a person at odds with his past, with his family, with his substances, and with himself. It's a harrowing portrait—but not one without hope.



Nic Sheff is a recovering drug addict and alcoholic. Now in his thirties, he continues to fight daily battles with his addictions. His writing has been published in *Newsweek*, *Nerve*, and the *San Francisco Chronicle*. *TWEAK* is his first book.

Nic's father, David Sheff, is the author of *Beautiful Boy: A Father's Journey Through His Son's Addiction* and is an award-winning, #1 *New York Times* bestseller that recounts Sheff's harrowing struggle to help his son Nic overcome his methamphetamine addiction. *Beautiful Boy* will be made into a feature film to be released in 2018.

To reserve a seat, call **574.647.6630** or visit
BeaconHealthSystem.org/LeightonLecture

