

## Neonatal Resuscitation Program (NRP)

The new, extensively updated Neonatal Resuscitation Program (NRP) represents a shift in approach to the NRP education. We eliminated the slide-and-lecture format, emphasizing instead a hands-on, interactive, simulation-based learning environment. Provider renewal courses are no longer offered per recommendations of the NRP steering committee. Instead, a provider course tailored to the needs of the learner is offered.

- The NRP curriculum has three components: knowledge, skills and teamwork.
- An online exam must be taken prior to attending a one-hour, hands-on, simulation-based learning session. This session includes simulation-integrated performance skills stations such as positive pressure ventilations, intubation, laryngeal mask airway placement, chest compressions, administration of medications and umbilical line insertions, depending upon the learners' needs.
- The learners are debriefed after the simulation to facilitate reflection and self-discovery.
- NRP does not certify or authorize the learner to perform resuscitation procedures.

**Cost:** \$75 Beacon associates/  
Non-Beacon associates

**Dates:** • Jan. 25              • May 24  
• Feb. 22              • Sept. 27  
• March 22              • Oct. 25  
• April 26

**Time:** Sessions begin at 8 a.m., 9:30 a.m.,  
11 a.m., 1 p.m., 2:30 p.m., 4 p.m., and  
5:30 p.m.

\*Cost does not include NRP test that requires completion prior to attending the course.

## SAVE THE DATE!

**Bright  
THE  
SIDE**

A WOMEN'S AND CHILDREN'S  
HEALTH SYMPOSIUM

Sept. 21  
2018



## National Child Passenger Safety Technician Certification

Child Passenger Safety Technicians (CPST) can be that community advocate or resource in your community! As a CPS technician, you will put your knowledge to work through a variety of activities, including community presentations and/or child safety seat checks where parents and caregivers receive education and hands-on assistance with the proper use of child restraint systems and seat belts.

Upon successful completion of this four-day course, national certification as a technician will be obtained. CPS technicians and instructors use their considerable knowledge and expertise at a variety of community-based activities, such as child safety seat checks, where parents and caregivers receive education and hands-on assistance.

In order to become a nationally certified child passenger safety (CPS) technician, you must be 18 or older and pass the CPS Certification Course.

**Cost:** \$65 Beacon associates/Non-Beacon associates

**Dates:** April 26 & 27, May 3 & 5 (four-day course)

## Bereavement Workshop

This workshop provides the resources participants need to pass on to families, when they are experiencing the loss of their baby. Resources include but aren't limited to information regarding online support groups, community support groups, and bereavement resources. Resources will help participants begin grief conversations with patients and families.

**Cost:** \$15 Beacon associates/Non-Beacon associates

**Dates:** • April 24      • Sept. 4

**Time:** 10 a.m. to 12 p.m.

To register for a class or for more information,  
please contact Jessica Shuppert,  
Perinatal Center Coordinator:  
[jshuppert@BeaconHealthSystem.org](mailto:jshuppert@BeaconHealthSystem.org)  
or call **574.647.1658**

Memorial Hospital reserves the right to cancel  
due to insufficient enrollment or inclement weather.

**MEMORIAL**  
HOSPITAL  
WOMEN'S & CHILDREN'S SERVICES  
615 N. Michigan St. | South Bend, IN 46601  
[BeaconHealthSystem.org](http://BeaconHealthSystem.org)

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# Women's and Children's Services 2018 Course Schedule



**MEMORIAL**  
HOSPITAL

**BEACON** CHILDREN'S HOSPITAL

Memorial Hospital welcomes and treats children and pregnant women with a wide variety of medical and surgical diagnoses. Patients are welcomed from more than 30 referral hospitals throughout southwestern Michigan and northern Indiana.

Together with Beacon Children's Hospital, our team includes pediatric hospitalists and intensivists, neonatologists, maternal fetal medicine specialists, registered nurses, child life specialists, nurse educators, pediatric dietitians, social workers, respiratory therapists, nurse practitioners, paramedics, pediatric specialists, chaplains and various other specialists. We also offer expert stabilization care in the region through our maternal, newborn, pediatric, and MedFlight transport teams.

We are pleased to share these courses with you.

## Basic Fetal Monitoring

This program presents the essential principles of electronic fetal monitoring to the clinician who is new to the technology. Participants are able to:

- Define the terms related to fetal monitoring
- Discuss the limitations related to fetal monitoring
- Define the nurse's role in fetal monitoring
- Describe maternal/fetal physiology in relation to monitoring
- Identify components of uterine activity tracing patterns
- Interpret four components of fetal heart tracing patterns
- Describe five antepartum tests to evaluate fetal status
- Plan nursing interventions in relation to strip interpretation

**Cost:** \$50 Beacon/Non-Beacon associates

**Dates:** Call for available dates

## AWOHN Intermediate Fetal Monitoring

This two-day course is critical for enhancing and validating nurses' and physicians' ability to interpret and respond to fetal heart monitoring tracings. Participants learn the following:

- Terms related to fetal monitoring
- Limitations related to fetal monitoring
- Nurse's role in fetal monitoring
- Maternal/fetal physiology in relation to monitoring
- Components of uterine activity tracing patterns
- Components of fetal heart tracing patterns
- Five antepartum tests to evaluate fetal status
- Nursing interventions in relation to strip interpretation

**Cost\*:** \$150 Beacon/Non-Beacon associates

- Dates:**
- March 12-13
  - Sept. 17-18

\*Cost does not include textbook.

To purchase, go to [www.awohnn.org](http://www.awohnn.org)

## ACLS OB Provider Course

This two-day course focuses on managing an obstetric code and implements the AHA ACLS guidelines established in 2016.

Information will be provided via mini presentations focusing on critical points related to specific algorithms, with each case scenario involving a pregnant or newly delivered patient.

**Cost:** \$275 Beacon associates  
\$500 Non-Beacon associates

- Dates:**
- Jan. 16-17
  - Oct. 17-18
  - Feb. 27-28
  - Dec. 4-5
  - April 18-19

ACLS and AHA Certifications as well as 15.16 nursing contact hours are received upon completion of this course.

## High-Risk OB

This is a three-part series in which participants are welcome to enroll in any part or the entire program. This course focuses on complications with the obstetrical patient during pregnancy and delivery.

If interested in offering this course at your facility for a flat fee, please call **574.647.1658**.

**Cost:** \$75 per day Beacon/Non-Beacon associates  
or \$200 for all three sessions

- Dates:**
- Feb. 6
  - Feb. 13
  - Feb. 20

## S.T.A.B.L.E.

The S.T.A.B.L.E. Program is a concise, directive tool to help maternal/child health care providers organize the many details and interventions necessary to provide care to a sick and/or premature infant. This mnemonic-based tool focuses on the post-resuscitation care of sick neonates, including physical assessment, problem recognition and patient management.

Memorial also offers the opportunity to teach S.T.A.B.L.E. at your facility for a flat fee. For more information, please call **574.647.1658**.

**Cost\*:** \$75 Beacon/Non-Beacon associates

- Dates:**
- May 8
  - Nov. 13

\*Cost does not include textbook.

## PALS Provider Course

This course helps participants to do the following:

- Recognize and treat the infant and child at risk for cardiopulmonary arrest
- Demonstrate the Evaluate – Identify – Intervene systematic approach to assessment and management of a seriously ill infant or child
- Demonstrate the cognitive and psychomotor skills necessary for resuscitating and stabilizing the infant or child using effective resuscitative team dynamics

**Cost:** \$175 Beacon associates  
\$300 Non-Beacon associates

- Dates:**
- Mar. 12-13
  - Sept. 10-11
  - June 11-12
  - Dec 10-11

## PALS Renewal Course

This one-day course helps participants to do the following:

- Recognize and treat the infant and child at risk for cardiopulmonary arrest
- Demonstrate the Evaluate – Identify – Intervene systematic approach to assessment and management of a seriously ill infant or child
- Demonstrate the cognitive and psychomotor skills necessary for resuscitating and stabilizing the infant or child using effective resuscitative team dynamics

**Cost:** \$150 Beacon associates  
\$225 Non-Beacon associates

- Dates:**
- |            |           |           |
|------------|-----------|-----------|
| • Jan. 8   | • May 7   | • Aug. 14 |
| • Jan. 9   | • May 8   | • Oct. 8  |
| • Feb. 13  | • July 9  | • Oct. 9  |
| • April 16 | • July 10 | • Nov. 12 |
| • April 17 | • Aug. 13 | • Nov. 13 |