

Patient Information and Physician Order Sheet

Memorial Cardiology Services

C7

Patient Name: _____ **Patient DOB:** _____

(Please bring this sheet with you at time of service.)

Appointment Date: _____ **Arrival Time:** _____ **Procedure Time:** _____

Diagnosis (ICD Code Required): _____

Ordering Physician (Signature): _____

(Printed): _____

(Date): _____ (Time): _____

Procedure Scheduled: Please check appropriate box:

- SESTAMIBI TREADMILL STRESS TEST**
- ADENOSINE SESTAMIBI**
- DOBUTAMINE SESTAMIBI**

About your procedure: Please do not apply creams, oils, or powders to the chest area. Please do not eat for 4 hours or drink anything with CAFFEINE prior to your test. If you're diabetic, you may have juice and toast. Check with your doctor about how to take diabetic medications the day of your test. Bring a list of our current medications with you. Wear comfortable clothes and walking shoes. The results of your exam will be sent to your physician. The technician cannot discuss results with you. For Adenosine test- if you have asthma, do not take any Theophylline medications for 24 hours before your test. For a complete description, request a patient itinerary from Central Scheduling. Please plan on this test taking 4-5 hours to complete.

How to find us: **Free** valet parking is available for patients at the Main Entrance, or you may park in the Bartlett Street Parking Ramp (see map). Cardiology Services will validate your parking stub. When you arrive at Memorial, you must register for your procedure in Admitting, located in the Main Entrance area of the hospital to the rear of the Information Desk (see maps). From there, you will be directed to Cardiology Services. If you have any questions, please ask the Main Entrance Information Desk. If you need assistance regarding scheduling, please call 647-7700.

647-7700

Memorial

Hospital of South Bend*

Quality of Life